

GOVERNMENT COLLEGE OF COMMERCE AND ECONOMICS BORDA-MARGAO, GOA

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SPORTS AND GYMKHANA POLICY

Introduction:

The College intends to take utmost interest in developing the students not only through quality education but also takes special care for the holistic development of the students. Academics and sports activities both are encouraged so the progress of the students can be achieved mentally as well as physically. Keeping in view the fact 'a fitter nation is a better performer'; the college enjoys fostering various sports and games and also encourages student's participation in various Intra- Mural, State, National and International level sports events. The college strives to achieve medals and success at national and international level for their sports persons.

Organisational Structure

Role of College Director of Physical Education & Sports

1. Is an advisor, resource person and liaison officer between Principal and sports students.
2. To conduct induction programmes for the new students and make them aware about Gymkhana and Sports.
3. To keep check on the various sports activities happening in the college.
4. To ensure norms pertaining to AIU and Goa University are being followed.
5. To assist the college administration in implementing healthy and impartial practices within the sporting community.
6. Assigning Special sports marks to the student's representing on national and international levels.
7. Prepare and manage the annual budget allocated as per College and University Policy.

Role of Sports Council

1. Sports Council committee act as a nodal agency for all activities related to sports/ gymkhana/Gymnasium.
2. The sports committee is made up of 2 college teaching faculties and a Sports Secretary.
3. The committee guides students about health care, sports physiotherapy and medical aid.
4. The committee ensures all the sports activities are conducted properly throughout the year.
5. Assist the College Director of Physical Education and Sports in the organizing of different Intra - Mural activities within the college, including the Annual sports day.
6. The Sports Council maintains detailed record of the events organised and keeps inventory of sports equipment.

Role and Responsibilities of Sports Persons/Students

1. Active participation in various sports activities
2. Practice and planning of tournaments with guidance of teachers.
3. Organising and managing college sports events.
4. Participation in team building activities like intercollegiate, state, national and international.
5. Inculcate sportsman spirit amongst students.

Equipments and Infrastructure

Our College is blessed with very good infrastructure, which is also accessible to Multipurpose High School and Higher Secondary. We have access to a Football ground, Volleyball Court, Cricket ground and Multipurpose indoor hall. All the events of the college are conducted in the campus. The Gymnasium of the college is also well equipped, located on the ground floor of the college building, We also have Gymkhana Store room where students can avail equipments on keeping their identity card security deposit.

Working Structure of Sports Council (SOP)

The students of the sports council are expected to maintain decent behaviour and sportsmanship both on and off the field while representing the college. They are expected to follow the rules and regulations and also promote fair play.

Interclass Competitions and Selection Trials

1. The University sports calendar will be displayed in the gymkhana and will be published on college website.
2. Students interested in participating in various sports shall submit the details to the Sports Council committee/Coach/Sports Director.
3. Selection for various College sports teams and events will be conducted on the basis of inter class competitions and selection trials.
4. The notices for interclass competitions and selection trials will be displayed on the College notice boards and will be circulated in the classroom/WhatsApp groups.
5. Winners of interclass competitions to be identified and selected for college teams.
6. Selection for college teams will be conducted by the respective coaches/Sports Director after conduct of proper selection trials.
7. Student volunteers will be responsible for handling, maintaining and returning sports equipment in good condition.

Sports Budget and Equipment Purchase

1. The College Sports Council and the Principal will finalise the Sports Budget after series of discussions.
2. Equipments are purchased after inviting quotations from at least three dealers, the best offer is then finalised.
3. Verifying goods received from the vendor & confirm the specifications as per the purchase order issued.
4. In case of emergency to purchase the equipments from the nearest dealer.
5. To do physical stock verification of all gymkhana and sports facilities.
6. Identifying sports equipment that can be used and are in good condition. Also keep a check on dead stock and equipment that cannot be used.
7. Preparing a list of dead stock and equipment that can be sold / discarded.
8. Estimating requirement of equipments at the beginning of the year after considering equipments already in stock.
9. Identifying equipments which can be used over a long period of time. Also noting of the equipments which is likely to be consumed during the year.
10. Preparing of budget considering equipment requirement and proposed participation in sports in the upcoming year.
11. To store the equipment purchased in designated cupboard and shelf.
12. To hire coaches for selected sports and pay honorarium to the coaches hired.
13. To organise Annual Sports Day of the college for boys, girls and staff.
14. In case of inter-collegiate events the sports council seeks to procure sponsorships for the events.

Rules of Gymkhana Store Room

1. Identify equipment which will be used for regular activities in the college.
2. Student using gymkhana equipments will sign the register mentioning their details.
3. Students using any equipment will submit Id card and signed the register.
4. Id card of the student will be returned to the student after the equipment is returned in proper condition.
5. Students shall not be allowed to take the equipment out of college premises.

Rules of Gymnasium

1. The College Gymnasium is available only to the bonafide students and faculties of the college. No outsider will be allowed in the college Gymnasium.
2. The Gymnasium will be available to the students and Faculties on all College working days between 7:00am – 8:00 am and from 2:00 pm – 04:00 pm for the sports specific fitness trainees.
3. No student shall be permitted to use the Gymnasium without a proper Identity card.
4. The students are required to enter their name into the register maintained in the Gymnasium with Identity card surrendered to the Sports Director.
5. Students are required to wear proper athletic attire while using the Gymnasium as mentioned below.
 - Sneakers, socks, athletic pants/shorts, and t-shirts are considered appropriate attire.
 - Shirts should cover full chest, back and lower torso area (no sport bras only).
 - Jeans are NOT permitted. Jeans often have studs, rivets and zippers which may tear the fabric on the benches.
 - Bare feet, socks only or sandals are NOT permitted (except during certain group exercise classes).
 - A dry and clean pair of shoes is required in the usage of the Gymnasium.
6. Each bonafide student can use Gymnasium for a maximum period of 1 hour every day.
7. No student will be permitted to enter the Gymnasium while his/her lectures or practical sessions are in progress.
8. Students/ Faculties will be solely responsible for any damage, breakage, or loss of the equipment of the Gymnasium. he/she will have to bear the cost of damage/breakage.
9. The Gymnasium facilities shall not be provided during the examination period.
10. Students shall not create a nuisance in the Gymnasium through their words or actions.
11. Students found guilty of using foul language or indulging in any action that may obstruct the lectures or other work in the college will be barred from the use of the Gymnasium.

12. Eating, drinking, chewing pan or gutka is strictly prohibited in Gymnasium.
13. For any complaints regarding the Gymnasium and its facilities, the final decision will be taken by the college authorities.

Maintenance of Sports Facilities

Maintenance of Sports infrastructure and equipment will be done on periodic basis as well as when the need arises. The procedure to be followed for maintenance is as follows.

1. Requirement of sport facility or maintenance requirement will be communicated to college office and the repair/maintenance would be fulfilled/procured by college.
2. Major repairs and infrastructural changes will be communicated to the College Infrastructure Committee/Purchase Committee for estimates of repair/ maintenance work and then submitted to the College Principal for further action.

Risk management

1. First aid kit is kept in the college and is available in case of minor problems faced by the students participating in the events and practising their sports on a regular basis.
2. In case of major injury, the player the student is rushed to the nearby District Hospital.
3. The Sports Director and Sports Council members stress on preventive measures and instruct the student participants regarding the precautions to be taken from time to time.